

TRAIL RUNNING ASSOCIATION
6th RIDGEWAY CHALLENGE 29/30 August 2009
(Held in accordance with UK Athletics Rules of Competition)

ENTRY FORM

Name	
Address	
Home Telephone	
Mobile	
Email address (if any)	
Running Club (if any)	
TRA membership number	
English Athletics registration number	
Male/female	
Person to be contacted in an emergency. State name, relationship and telephone number*	
Date of birth	
Name and mobile number of support team leader (if any)	
Name and approximate date of an event of at least marathon distance completed by the entrant since 1 st January 2008	
Indicate whether you expect to take more than 24 hours (10am start) or less than 24 hours (12 noon start)	

*Unsupported runners will only be allowed to start if they nominate a contact

The entry fee is £34.50 before 30 June 2009 and £47 for later entries. Entrants who are either members of the TRA or registered with English Athletics should deduct £2 from the

entry fee in accordance with the UK Athletics Rules of Competition. Entries received after 20 August will be accepted only at the discretion of the Race Organiser.

The entry fee should accompany this form. Cheques should be payable in favour of Trail Running Association and should be sent with the completed entry form to Anthony Taylor, 2 Maunsel Street, London SW1P 2QL

DISCLAIMER

All entrants should sign this form to indicate their acceptance of the disclaimer set out below.

I understand that Ridgeway Challenge is predominantly off-road and that stiles may be slippery or damaged and that underfoot conditions may well be difficult. This is an overnight event and, in poor conditions, entrants may suffer from exposure. I am aware that these constitute real hazards made more risky by the first aid cover being non-existent to minimal. By signing below I declare that neither I nor my next of kin will hold Trail Running Association (TRA), their helpers and associates in any way responsible for any illness, accident, injury or loss incurred by me and/or my supporters as a result of my participation in this event.

Signed

DATA PROTECTION

For operational and safety reasons TRA intends to hold personal information on computer. It is a pre-condition of entry that you agree to information being held by this means and your signature on this form will be taken as notification of your agreement. By entering you accept that your name will be included when the results of the event are published.